

# Kentucky Children's Hospital

## Coloring and Activity Book



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This book belongs to \_\_\_\_\_



**UK HealthCare**  
Kentucky Children's Hospital™

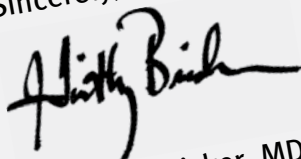
UK HealthCare is proud to introduce “Stitches” and the array of Kentucky Children's Hospital pediatric services to you and your child.

Kentucky Children's Hospital is designed especially for treating and caring for all children – from newborns to adolescents and young adults. Going to the doctor or to the hospital can be scary and upsetting for any child. Learning about the hospital and preparing for the doctor's visit can help children understand what will happen and calm their fears. This coloring book was designed to help you talk with your child about what happens at Kentucky Children's Hospital in an interesting and fun way. Stitches will guide you through each of the steps. It is best to encourage your child to speak openly about his or her feelings and ask questions. As a parent, it is best to answer your child's questions honestly, using words that he or she will easily understand.

While in the hospital, children can visit activity areas where they can play or be entertained. There are separate areas designed specifically to be of interest to young children and adolescents.

To learn more about Kentucky Children's Hospital, please visit: [ukhealthcare.uky.edu/KCH](http://ukhealthcare.uky.edu/KCH). If there is anything we can do to make your stay more comfortable or if you have questions or concerns before, during or after your child's hospital stay, please contact our child life specialist at 859-323-6551.

Sincerely,



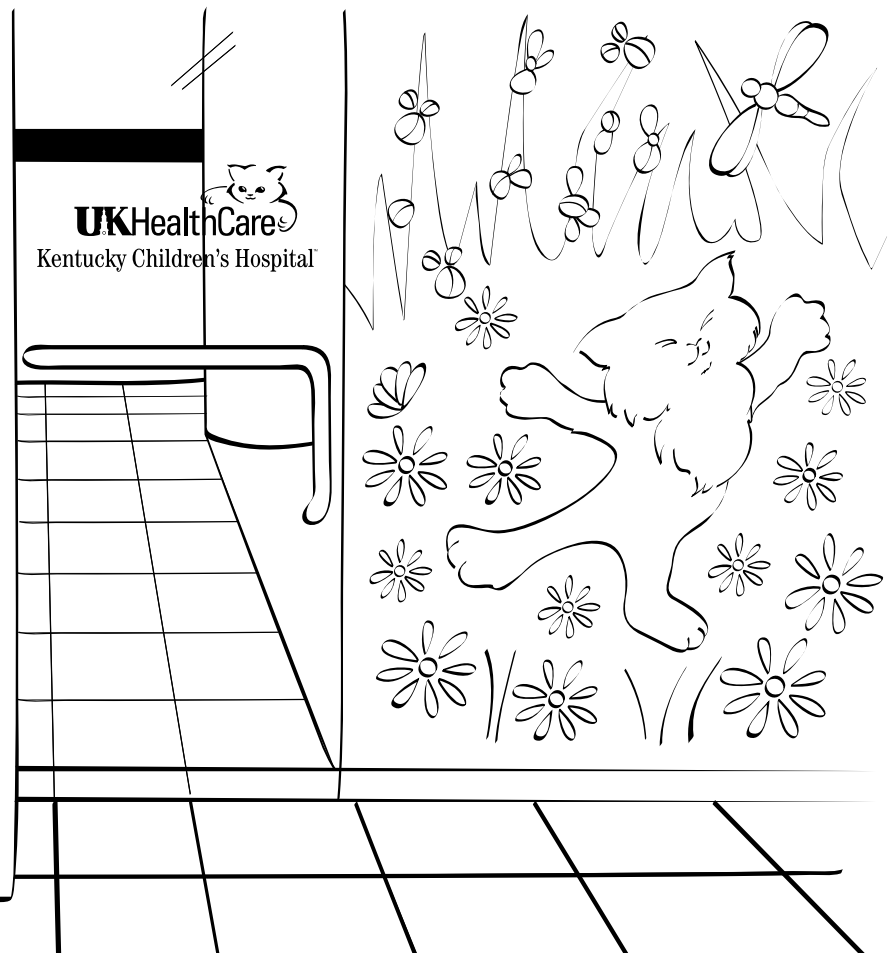
J. Timothy Bricker, MD, MBA  
Professor and Chair, Department of Pediatrics  
Kentucky Children's Hospital



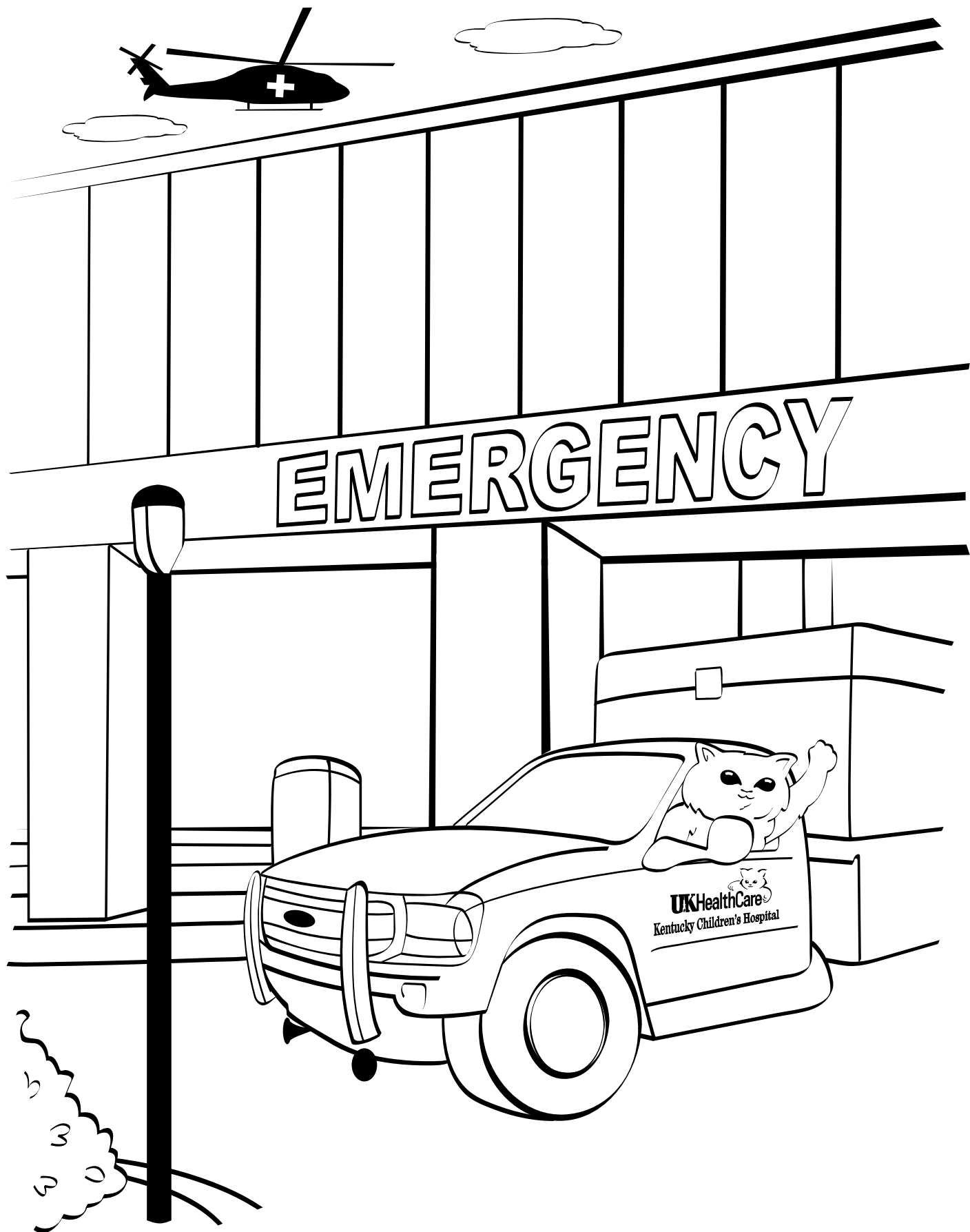
**Hi! My name is Stitches. I want to show you a special place for kids – Kentucky Children's Hospital.**



**If you need special care  
or an operation,  
you will come to the hospital.**



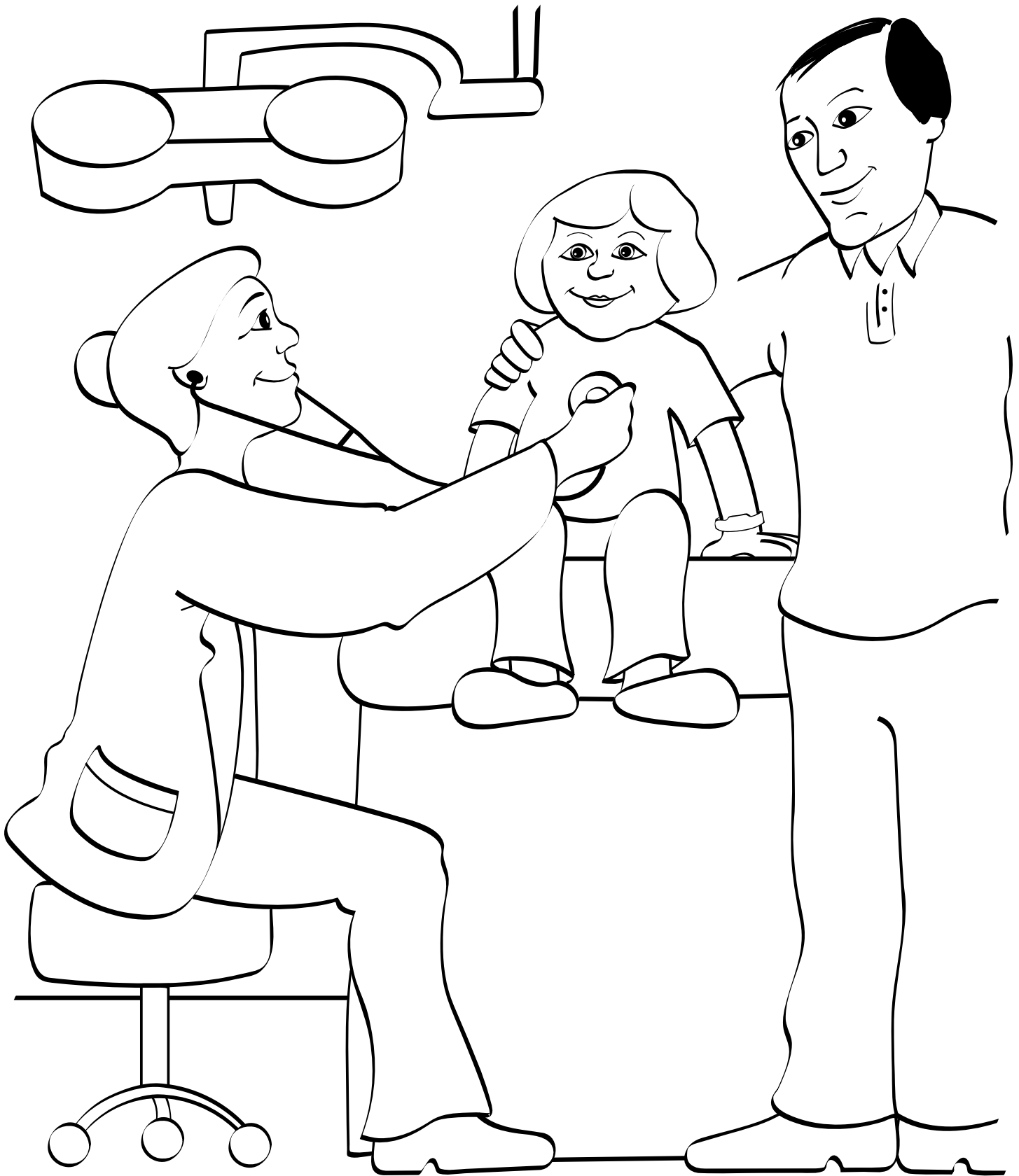
**You will visit your  
doctor if you are sick  
or need a checkup.**



**You visit the Emergency Department  
if you have an accident or become sick suddenly.**



**In the hospital you get a special wristband.  
Write your name on Stitches' wristband for fun!**



**Doctors and nurses talk to you to see how you are feeling. They will listen to your heart and lungs and measure your blood pressure and height and weight. They may need to do tests to see how you are doing.**

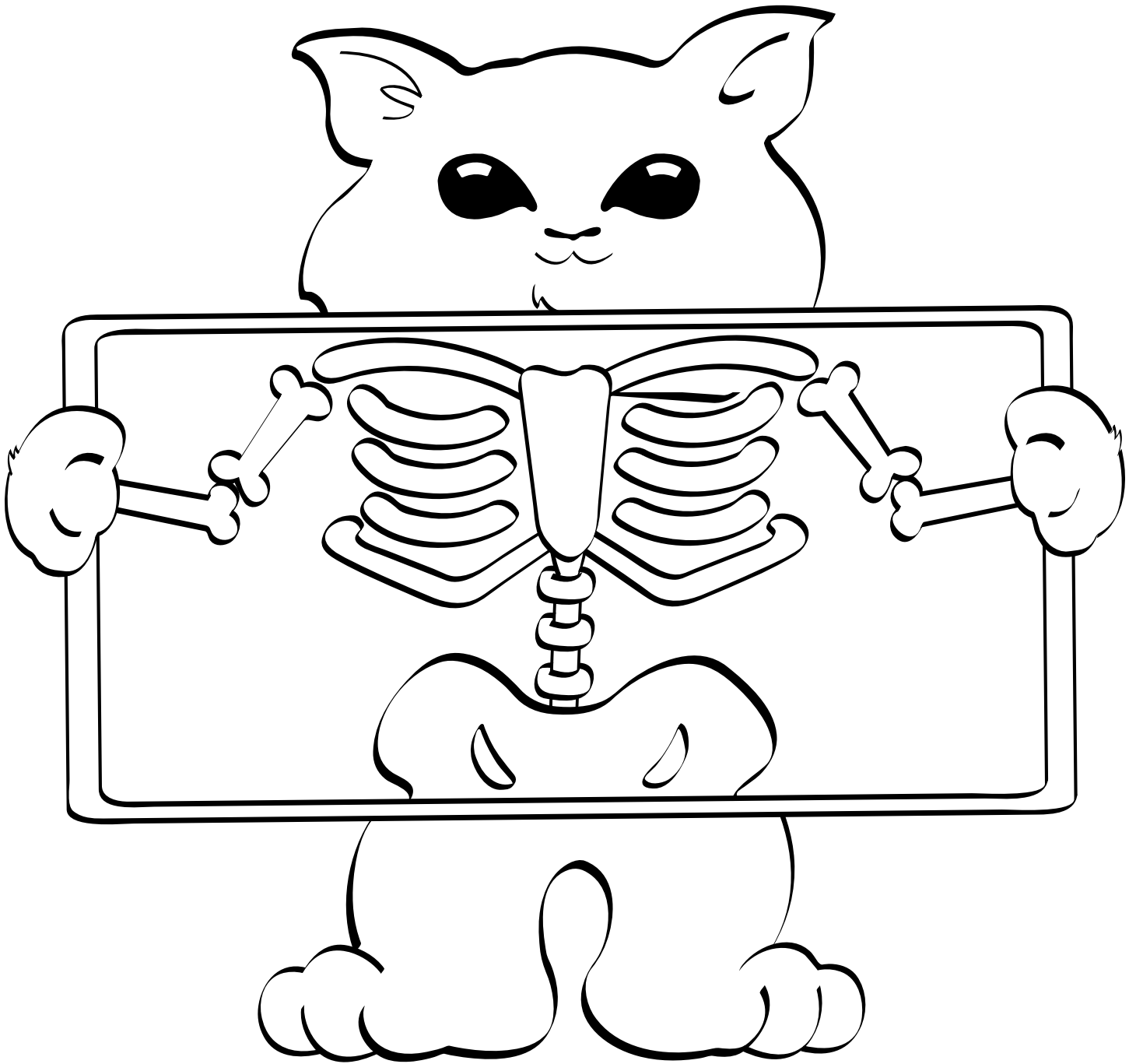
# Can you help Stitches find these words?

T O W D O C T O R B E N  
L O W E S R U N A L L O  
N Q H I I E D L K B P I  
Y I V S I G Y D B T M T  
N A I C I N H C E T A A  
E P O C S O H T E T S N  
A M B U L A N C E J Z I  
T H E R M O M E T E R C  
O N U S E H C T I T S C  
Y C N E G R E M E U Y A  
A Q E C H E C K U P A V  
P O P E R A T I O N R A  
S W E S T H G I E H X S

AMBULANCE  
CHECKUP  
DOCTOR  
EMERGENCY  
HEIGHT  
LAB  
NURSE  
OPERATION  
SAMPLE

SHOT  
STETHOSCOPE  
STITCHES  
TECHNICIAN  
THERMOMETER  
VACCINATION  
WEIGHT  
XRAY





**You may have an x-ray taken. These are pictures that help the doctors see what is going on inside your body.**



**Patients sometimes move around the hospital in special ways – on a bed with wheels called a stretcher, in a wheelchair, in a racecar with an IV pole attached or in a wagon.**



**Hospital rooms are nice. There is a bed for you to sleep in that moves up and down and your very own television to watch. There is a bed so your parent can sleep in the room with you. Hospital staff will visit you with books and games.**

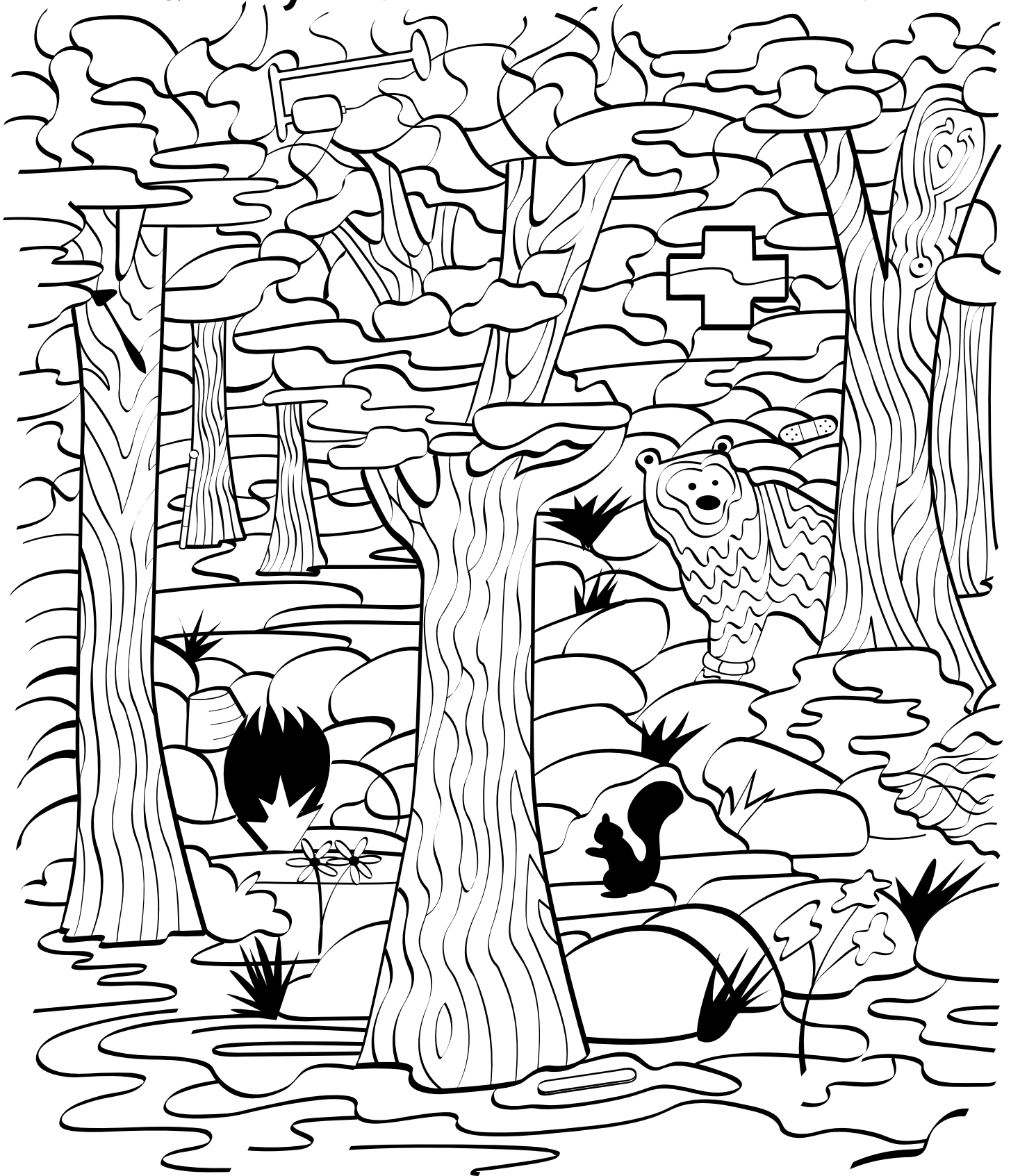


**You get to pick out what you want to eat  
at the meal cart. There are lots of yummy treats!**



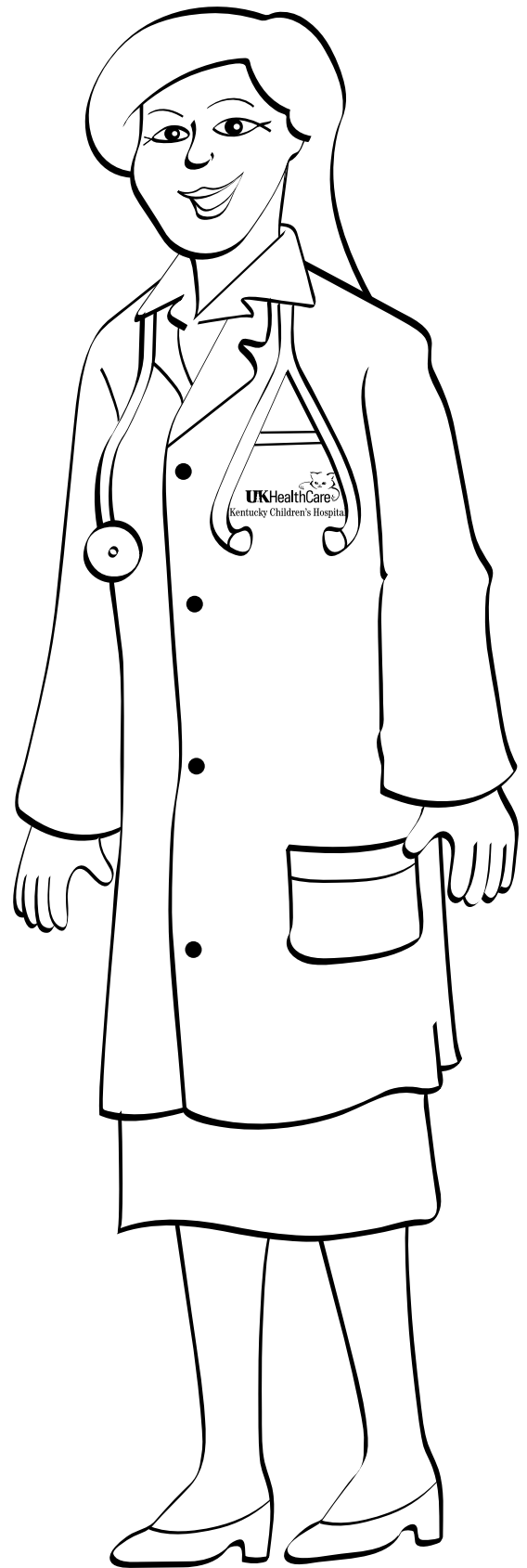
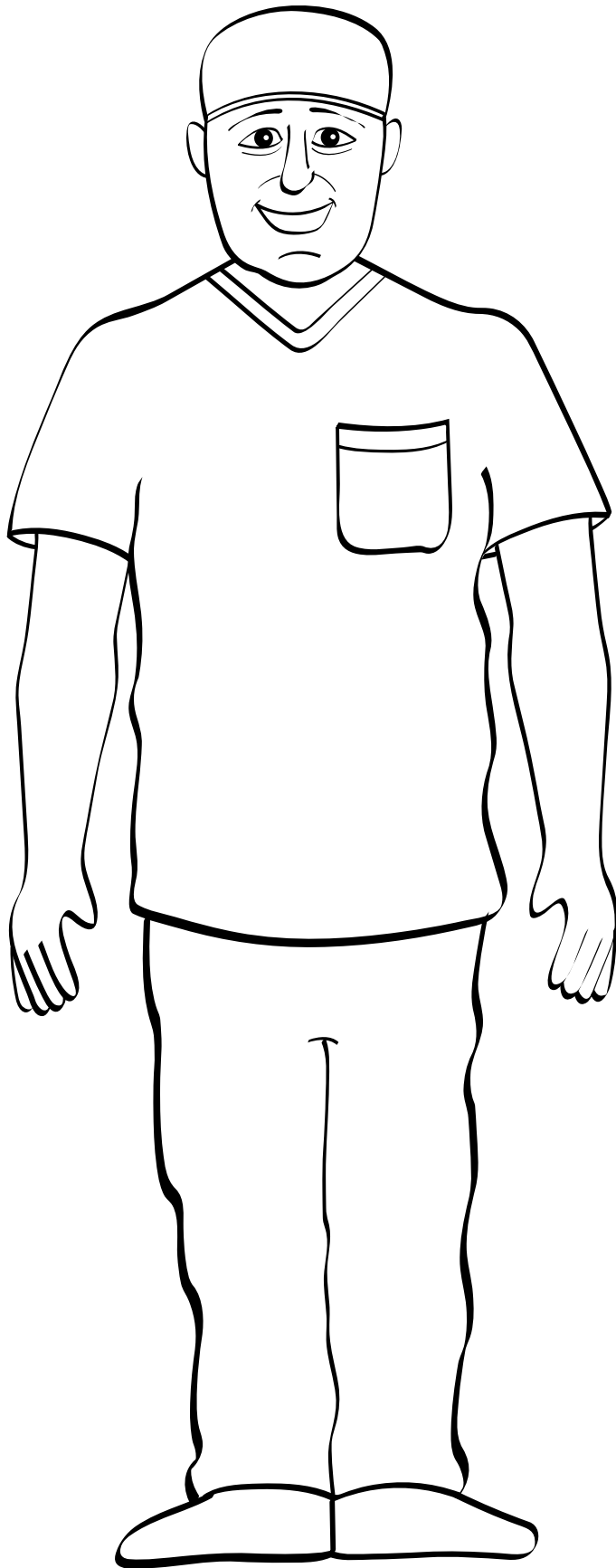
**There are great places to play and relax, like a library, computer lab, and even playrooms with lots of toys and games. The big playroom has a tree that TALKS!**

**What do you see hidden in the forest?**



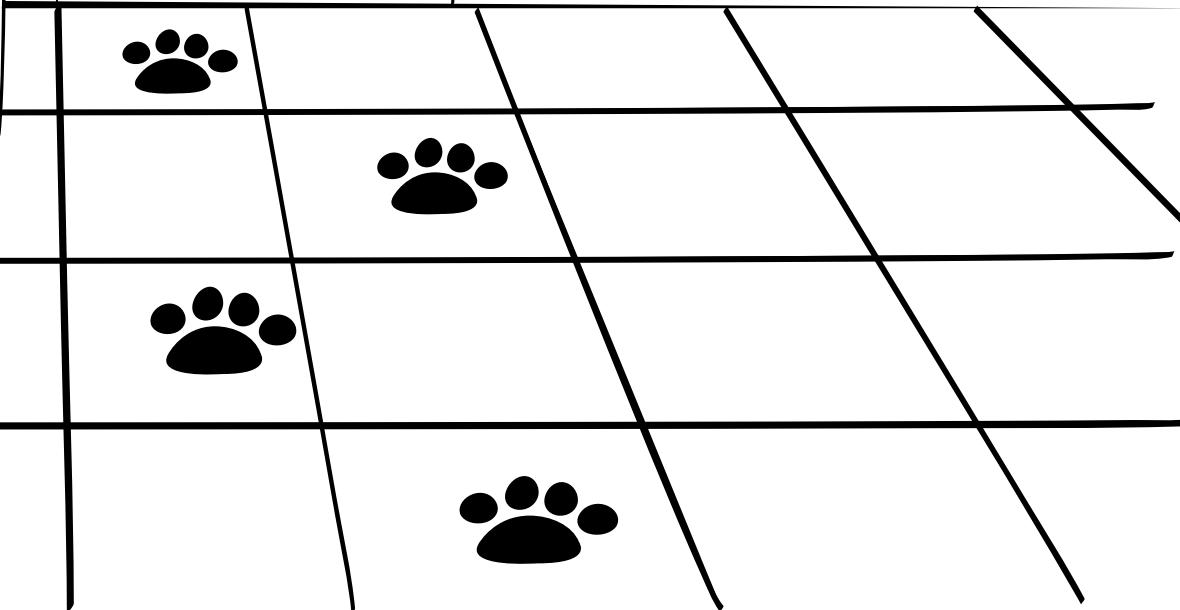
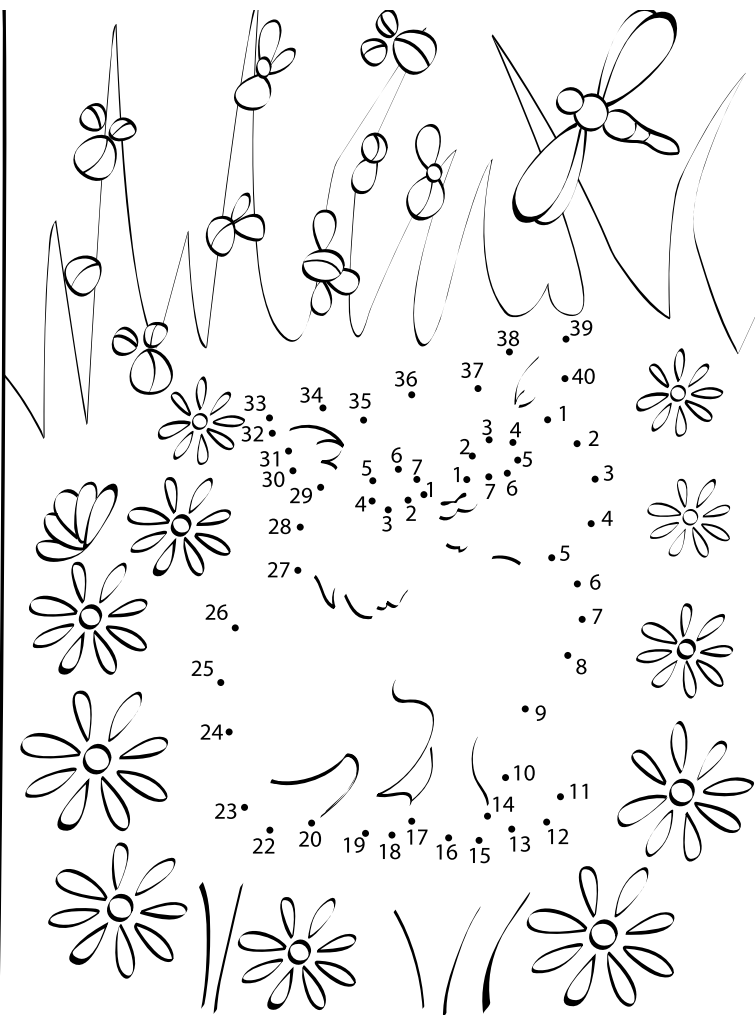
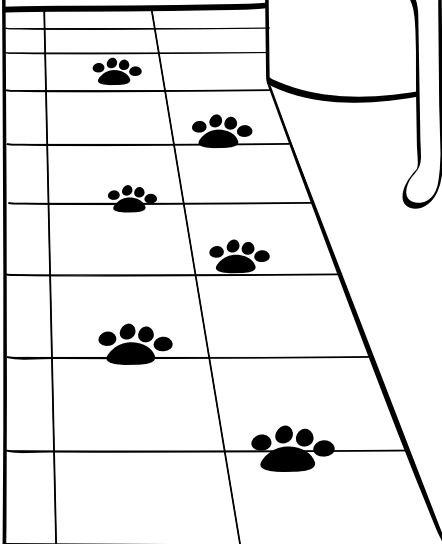
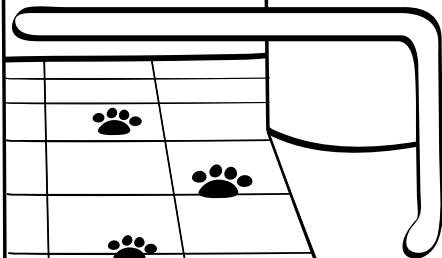
**Can you find these things?**

**stethoscope, thermometer, tongue depressor, medical cross  
medicine cup, adhesive bandage, wristband, IV pole, reflex hammer**



**The doctors and nurses are there to take care of you and make you feel better. Decorate their uniforms.**

**UK HealthCare**  
Kentucky Children's Hospital



**After you stay at the hospital, your doctor wants to see you for a checkup. Connect the dots to see who is at the entrance.**

**We have doctors who specialize  
in every part of your body.**

**Draw a line matching the  
specialist to the part of the  
body treated.**

**Cardiologist**

(Heart)

**Dentist**

(Teeth)

**Endocrinologist**

(Pancreas)

**Gastroenterologist**

(Digestive system)

**Hematologist**

(Blood)

**Nephrologist**

(Kidneys)

**Neurologist**

(Brain)

**Ophthalmologist**

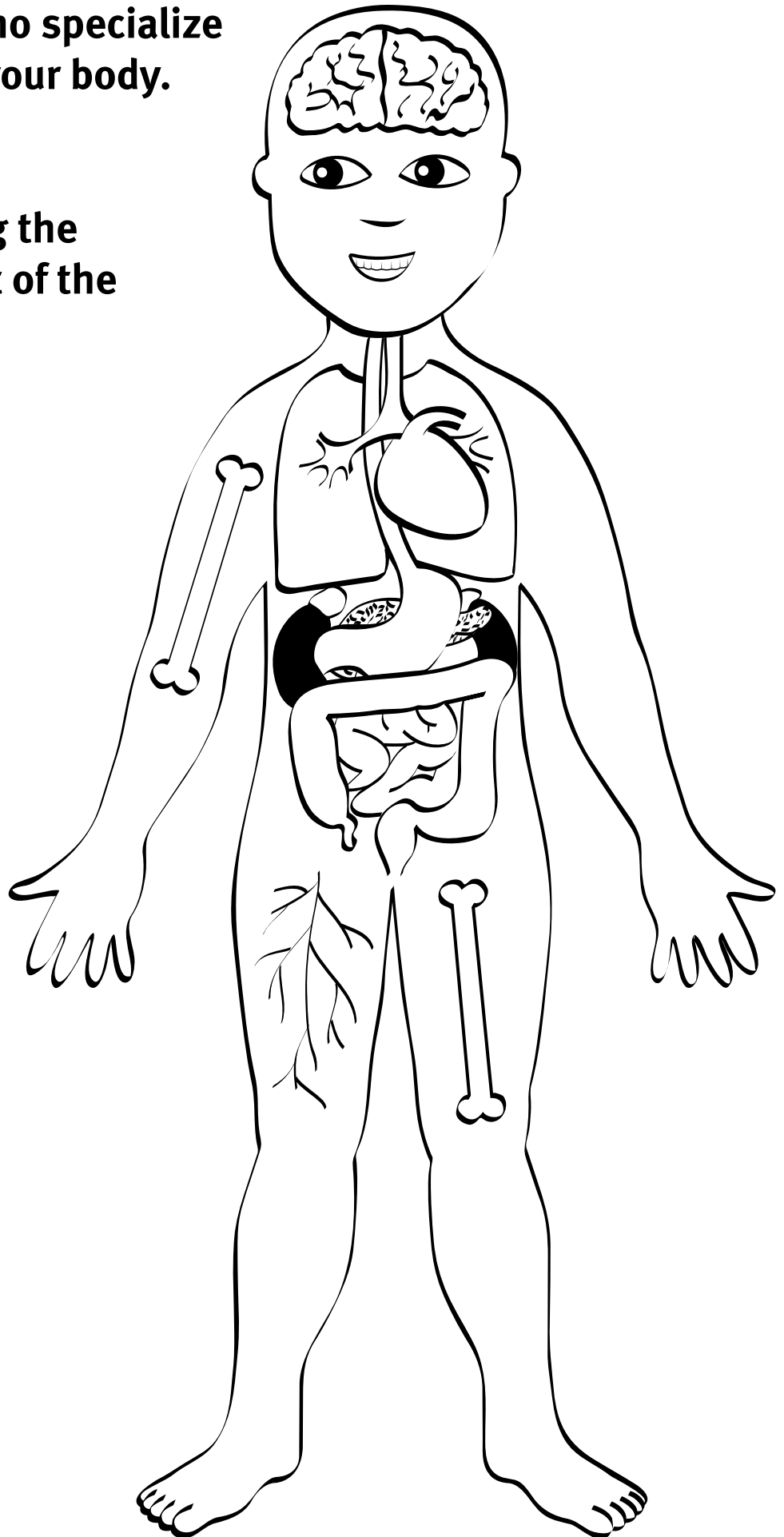
(Eyes)

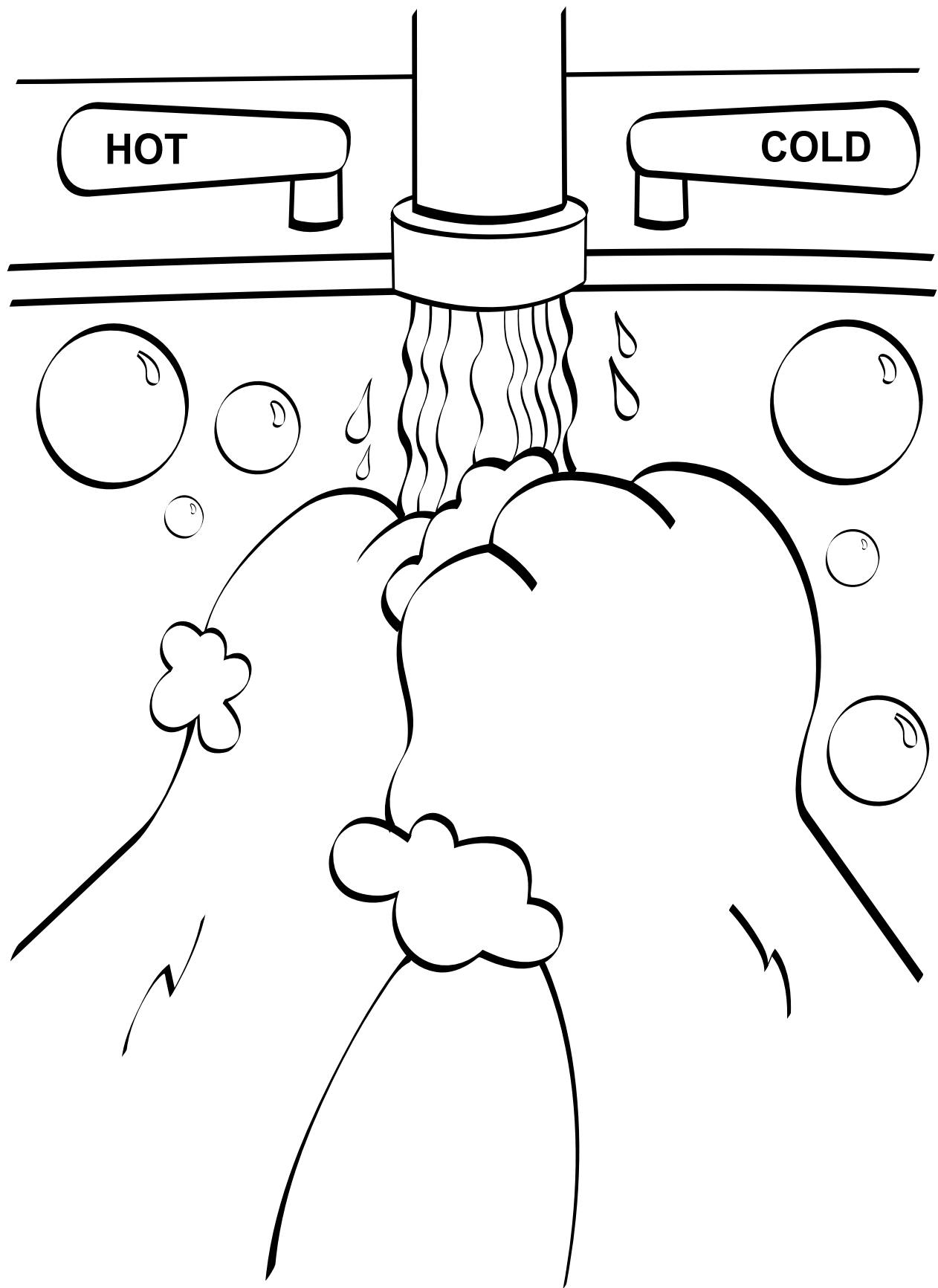
**Orthopedist**

(Bones)

**Pulmonologist**

(Lungs)





**The best way to keep from getting sick  
is by washing your hands.**



**Thanks for visiting Kentucky Children's Hospital with me.**



## Kentucky Children's Hospital

UK Health Connection	1-800-333-8874
Pediatric Clinic	859-323-6211
Twilight Clinic	859-257-6730
UK Pediatric Triage	859-323-0077
General Information	859-323-5000
Giving/Volunteer Opportunities	1-877-833-KIDS
Emergency	911
Poison Control	1-800-222-1222

To learn more about Kentucky Children's Hospital,  
please visit: [ukhealthcare.uky.edu/KCH](http://ukhealthcare.uky.edu/KCH)